



Murphy Farms

the only USDA certified
grower in southwest
Oklahoma

PRESS RELEASE

Contact

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Local USDA Certified Organic farm owner speaks at Organic Oklahoma annual conference

Lawton, OK – September 25, 2017. Elisabeth Murphy, owner of Murphy Farms, speaks at the 2017 Organic Oklahoma annual conference in Oklahoma City on October 5.

Oklahoma State University Cooperative Extension and OSU-OKC partnered with the U. S. Department of Agriculture's Natural Resources Conservation Service to provide research-based information to new and advanced growers. Organic Oklahoma's mission is to support, empower, educate and inspire farmers, individuals and communities in Oklahoma to create an agricultural system that is regenerative, ecologically sound, economically viable, socially just and humane in their exploration of organic practices and standards. The conference is held at the OSU-OKC campus.

"I have learned a lot about organic farming, hydroponics and sustainability since I started my farm in 2004. I am honored to speak about organic farming at this annual event," stated Elisabeth Murphy. "One of my goals is to teach the importance of consuming and growing organic food."

On Thursday, October 5, as one of several guest speakers, Elisabeth presents "An Overview of an Organic Farm" to conference attendees at 3:30pm. Tickets to the all-day organic farming conference are \$25 and purchased by contacting the OSU Plant and Soil Science Department or visiting <http://www.osuokc.edu/organicoklahoma/>

Murphy Farms originated in 2004 when Elisabeth exited a 17-year medical career in Dallas to relocate to the quieter sounds of rural living and organic farming. The 160-acre farm is the only USDA Certified Organic farm in southwest Oklahoma. In May 2017, most of the farm was damaged by a tornado and is in a rebuilding process. Murphy Farms provides organic produce for customers at the farms country store, the Farmers Market in Wichita Falls and Natural Grocers stores in Oklahoma City and Wichita Falls (TX). Elisabeth guest lectures at schools, universities and conferences about organic farming and shares her knowledge of water systems from her training in Israel.

For more information, contact Elisabeth Murphy, MurphyFarmsLLC@hotmail.com

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About Murphy Farms

The only USDA certified organic grower in southwest Oklahoma. Female-owned and operated farm focused on producing organic fruit and vegetables, employing local and educating people about the purpose of organic farming.



2017 Organic Oklahoma




**Food Safety
Modernization
Workshop**
Wednesday, October 4th

**Annual Fall
Organic Farming
Workshop**
Thursday, October 5th



**Both events will be held at the
OSU/OKC Student Center**

900 North Portland Avenue, Oklahoma City, Oklahoma



Food Safety Modernization Workshop
\$15—Registration

To register with a credit card—<http://fapc.biz/workshops/produce-safety-alliance-grower-training-course>
or call Karen at 405-744-6277

Participants will receive the approved *Food Safety Training* that is required of certain farms by the Food Safety Modernization Act Produce Safety Rule.

****Space is extremely limited so FCFS****

Registration fees will cover lunch, breaks and supplies for each day registered

Annual Fall Organic Farming Workshop
\$25—Registration

To register with a credit card—https://secure.touchnet.com/C20271_ustores/web/store_main.jsp?STOREID=61
To register with a check—please complete and mail the form attached below to the indicated address with a check.

Presentations will address topics on soil stewardship, pest and pollinator management, organic farming experiences, and crop production and marketing.

*Registration fees will cover lunch, breaks and supplies for each day registered
No refunds will be given*

Please be sure check is post marked by 9/25 and made out to OSU Plant and Soil Science Department

Mail to: Organic Oklahoma, 371 Ag Hall, Stillwater, OK 74078

Name(s): _____

Address: _____ City: _____ Zip Code: _____

Phone: _____ Email: _____

Please indicate the number of registrations: _____ AFOF Workshop—\$25 each (Thursday 10/5/17)

Total Registration Enclosed: _____



2017 Organic Oklahoma Conference

October 5th, 2017

Oklahoma State University/Oklahoma City

900 North Portland Avenue, Oklahoma City OK





I'd like to personally welcome each of you to the 4th Annual Organic Oklahoma Conference. It's an exciting time for those certified organic, transitioning to organic, and those deciding "Is Organic for Me?" To meet the needs of our audience we continue to grow and adapt to address many changes in the Organic Community. We are committed to continue to meet and bring inspired people together in conference settings like this, to ensure Organic Oklahoma remains at the cutting edge on topics of concern in the Organic Community. We plan to annually hold a Fall conference and a Spring/Summer workshop.

We're transforming the way we operate to continuously improve our ability to reach our known and unknown customer base. Organic Oklahoma's mission is to support, empower, educate, and inspire farmers, individuals, and communities in Oklahoma to create an agricultural system that is regenerative, ecologically sound, economically viable, socially just, and humane in their exploration of organic practices and standards.

Our Organic Oklahoma planning committee has all put in countless hours to support the mission of Organic Oklahoma. We should all be very proud of where we are today and excited about where we are headed. Please thank them for their supportive efforts seen and unseen.

Before I close, I'd like to thank each of you for attending our conference and bringing your expertise to our gathering. You, as farmers, gardeners, organization leaders, have the vision, the knowledge, the wherewithal and the experience to help us pave our way into the future. You are truly our greatest asset today and tomorrow, and we could not accomplish what we do without your support and leadership. Throughout this conference, I ask you to stay engaged, keep us proactive and help us shape the future of Organic Oklahoma. My personal respect and thanks goes out to all of you.

Joe D. Buford

Committee Chairperson

OK NRCS Organic Champion

2017 Organic Oklahoma Conference

Thursday, October 5, 2017

- 8:00 -- 9:00 AM **Registration & Coffee**
- 9:00 -- 9:15 AM **Welcome & Overview of NRCS Programs — Gary O'Neill**
- 9:15 — 10:15 AM **Keynote: Improving Soil Health on Organic Farms Part I — Minor Morgan**
- 10:15 -- 10:30 AM **Break for Networking and Refreshments**
- 10:30 — 11:00 AM **Keynote: Improving Soil Health on Organic Farms Part II — Minor Morgan**
- 11:00 — 11:45 AM **Bank on it: Banker Plants for Greenhouse Pest Control — Tracy Payton Miller**
- 11:45 — 1:00 PM **Lunch and Group Sharing — RMA Insurance, HIS, ODAFF, FSMA Training, OK Food Bank, OOGA, NASS**
- 1:00 — 1:45 PM **They Say It Can't Be Done—Organic Farming in Oklahoma — Emily Oakley And Mike Appel**
- 1:45 — 2:30 PM **Native Plant, Native Pollinators and Challenges Establishing Native Plants Organically — David Redhage**
- 2:30 — 2:45 PM **Break for Networking and Refreshments**
- 2:45 — 3:30 PM **Conservation Biological Control Strategies for Vegetable Crops — Eric Rebek**
- 3:30 — 4:15 PM **Overview of an Organic Farm — Elisabeth Murphy**
- 4:15 — 5:00 PM **Producer Reception**





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