



## **Murphy Farms**

the only USDA certified  
grower in southwest  
Oklahoma

### **PRESS RELEASE**

#### **Contact**

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#### **Local USDA Certified Organic farm owner speaks at Organic Oklahoma annual conference**

**Lawton, OK – September 25, 2017.** Elisabeth Murphy, owner of Murphy Farms, speaks at the 2017 Organic Oklahoma annual conference in Oklahoma City on October 5.

Oklahoma State University Cooperative Extension and OSU-OKC partnered with the U. S. Department of Agriculture's Natural Resources Conservation Service to provide research-based information to new and advanced growers. Organic Oklahoma's mission is to support, empower, educate and inspire farmers, individuals and communities in Oklahoma to create an agricultural system that is regenerative, ecologically sound, economically viable, socially just and humane in their exploration of organic practices and standards. The conference is held at the OSU-OKC campus.

"I have learned a lot about organic farming, hydroponics and sustainability since I started my farm in 2004. I am honored to speak about organic farming at this annual event," stated Elisabeth Murphy. "One of my goals is to teach the importance of consuming and growing organic food."

On Thursday, October 5, as one of several guest speakers, Elisabeth presents "An Overview of an Organic Farm" to conference attendees at 3:30pm. Tickets to the all-day organic farming conference are \$25 and purchased by contacting the OSU Plant and Soil Science Department or visiting <http://www.osuokc.edu/organicoklahoma/>

Murphy Farms originated in 2004 when Elisabeth exited a 17-year medical career in Dallas to relocate to the quieter sounds of rural living and organic farming. The 160-acre farm is the only USDA Certified Organic farm in southwest Oklahoma. In May 2017, most of the farm was damaged by a tornado and is in a rebuilding process. Murphy Farms provides organic produce for customers at the farms country store, the Farmers Market in Wichita Falls and Natural Grocers stores in Oklahoma City and Wichita Falls (TX). Elisabeth guest lectures at schools, universities and conferences about organic farming and shares her knowledge of water systems from her training in Israel.

For more information, contact Elisabeth Murphy, [MurphyFarmsLLC@hotmail.com](mailto:MurphyFarmsLLC@hotmail.com)

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#### **About Murphy Farms**

The only USDA certified organic grower in southwest Oklahoma. Female-owned and operated farm focused on producing organic fruit and vegetables, employing local and educating people about the purpose of organic farming.